



SPECIALISED KINESIOLOGY A SPACE FOR LEARNING

www.kinesiology-shifthappens.co.za

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Course Contents

What the 2019 courses are all about:

Welcome to Shift Happens, A Space for Learning's Course Contents.

- Please select one of the links on our [Course Contents page](#) on our website to **find out more** about the course.
- If you are unsure about the **training path you need to follow**, click on either the Year 1 or Year 2 training path documents on our website. Also included on our website, are the **ASKSA qualification requirements**.
- If you would like to **enrol for a course**, please fill out the [enrolment form](#) on our website; or [contact us](#) directly.

Thank you. Wishing you all the best on your journey.

Overview

Seminar	Date	Pre-Requisite	Early Bird	lastminute.com
			Payment made 10 days prior to workshop date	
A & P Modules 1&2 Anatomy & Physiology	Jan 28-29		R1790	R1970
Touch for Health 1 (TFH)	Feb 07-08	None required	R1790 (plus a once off TFH manual fee)	R1970
Blueprint One	Feb 15-18	Principles of Recuperation	R2870	R3050
Blueprint Two	Feb 21-24	Blueprint One	R2870	R3050
Wünder-'bra' Day	Mar 05		R350	
TFH 2	Mar 07-08	TFH 1	R1790	R1970
A & P Modules 3,4&5	Mar 15-17	A&P 1-2	R2330	R2510
Care2Consult	Mar 28-30	EK 2	R2330	R2510
NOT Practice Day	Apr 02	NOT 1	R350	
ASONT	Apr 04-07	TFH 2	R2870	R3050
Innate Intelligence	Apr 26-29	Blueprint 2	R2870	R3050
E.K. 1	May 03-04	TFH 2	R1790	R1970
N.O.T 1-3 (Repeat)	May 10-12	NOT 1-4	R2330	R2510
NOT Practice Day	Jun 04	NOT 1	R350	
A & P Modules 6&7	Jun 07-08	A&P 3-5	R1790	R1970
3-in-1 Sharing	Jul 11-13	500 hours	R2330	R2510
Practitioner Update	Jul 15-16	500 hours	R1790	R1970
N.O.T. 4 Repeat	Jul 20-22	N.O.T 1-3 (Repeat)	R2330	R2510
PoR	Jul 25-28	ASONT	R2870	R3050

Wünder-'bra' Day	Aug 06		R350	
A & P Modules 8,9&10	Aug 09-11	A&P 6-7	R2870	R3050
N.O.T. 1 (New Intake)	Aug 16-18	PoR	R2330	R2510
TFH 3	Aug 22-23	TFH 2	R1790	R1970
TFH 4	Aug 24-25	TFH 4	R1790	R1970
Integration	Sep 03-06	Innate Intelligence	R2870	R3050
NOT Advanced	Sep 08-10	NOT 1-4 Repeat and have worked with it for 2 years.	R2330	R2510
NOT Practice Day	Oct 01	NOT 1	R350	
NOT 2&3 (New Intake)	Oct 10-13	NOT 1	R2870	R3050
E.K 2	Oct 17-20	ASONT, PoR, EK 1	R2870	R3050
Vision, Insight & Purpose	Oct 31-03 Nov	250 hours	R2870	R3050
Wünder-'bra' Day	Nov 05	With Gudrun	R350	
Número-Uno	Nov 14-15	500hrs	R1790	R1970
NOT 4 (new intake)	Nov 22-24	NOT 1-3	R2330	R2510
Wünder-'bra' Day	Nov 26	A&P Recap Q & A's	R350	
A&P EXAM	Nov 27			

PLEASE NOTE :

1. ASKSA classification of qualifications are as follows:
 - 0-250 hours of workshop/seminar attendance = Student
 - 251-500 hours of workshop/seminar attendance, A&P and/or home study = Active Kinesiologist
 - 501+ hours with qualifications in a minimum of two different branches of Specialised Kinesiology = Specialised Kinesiologist
 - 1000+ hours = Professional Kinesiologist.
2. Right of admission to workshops is reserved
3. Dates subject to change.